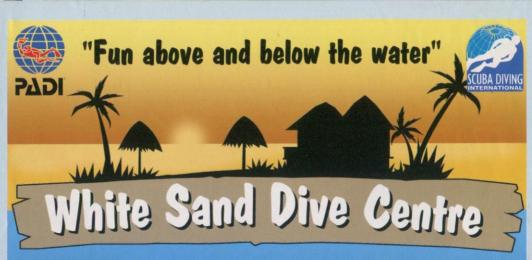
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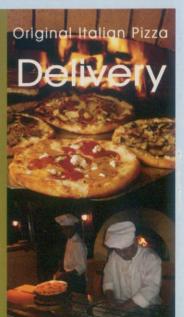


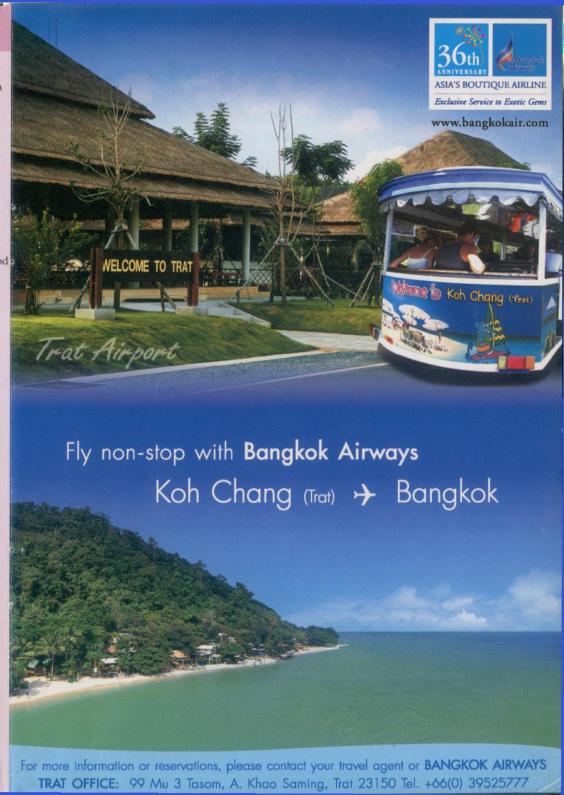
- -Ai Frutti di Mare (tomato, mozzarella, fresh mixed seafood)
- -Al Salame Piccante (tomato, mozzarella, spicy salami)
- -Alla Napoletana (tomato, mozzarella, anchovies, black olives)
- -Quattro Stagioni (tomato, mozzarella, ham, mushrooms, seafood, home-made Italian salccicia sausage)
- -Capricciosa (tomato, mozzarella, ham, mushrooms, artichoke, olives)
- -Con Salccicia (tomato, mozzarella, home-made Italian chill sausage)
- -Al Prosciutto di Parma (tomato, mozzarella, Italian parma ham)
- -Ai Quattro Formaggi (tomato, four cheeses-mozzarella,

gorgonzola, fontina, parmesan)

- -Hawaiian (tomato, mozzarella, ham, pineapple)
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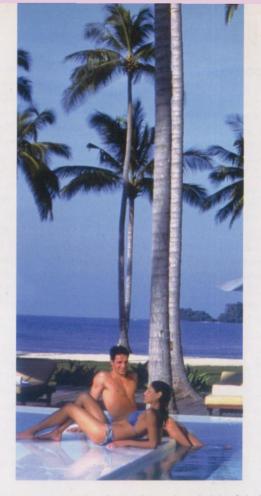




Tel: 06-139-1117, Tel: 039-551-321 Main Office: Koh Chang Plaza (Map P.39) Also Offices at Amari Emerald Cove (P.38), and Siam Beach, Lonely Beach (Map P.40) info@waterworldkohchang.com

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Introduction

Welcome to the second 2004 issue of our free visitors guide to Koh Chang, Trat and Thailand's Eastern islands.

The annual Thai new year festival of Songkran begins on April 13th. The weather is hot and sunny so it is refreshing when the Thais celebrate by dousing you with cooling water.

Koh Chang itself is a beautiful, green and mountainous island situated in Trat Province near the Cambodian border in Eastern Thailand. It is the second largest island in Thailand and lies in a group of 47 islands that have been awarded National Park status due to pristine rain forest and marine life. Several other nearby islands offer accommodation including Koh Maak, Koh Wai and Koh Kood.

Despite being only 300km from Bangkok the region has only recently begun to open up to tourist development. The great beaches, impressive waterfalls and stunning scenery together with a choice of accommodation and entertain-

THAILAND

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Phnom
Penh

Koh
Chang

ment that ranges from basic to real luxury ensure that there will be something of interest to visitors on all budgets.

Some of the many activities available include good diving, water sports and snorkelling, hill trekking, elephant jungle trekking and exploring the islands by kayak, cycle, car and motorbike. There are interesting local villages to visit and boat trips are available to explore or stay at the other islands.

The town of Trat is the administrative centre of the region and stopping point for buses from Bangkok and Cambodia. It is worth visiting for its local colour and for the multitude of local markets.

Whatever your choice of destination we hope that this guide gives you all the information that you need and wish you an enjoyable visit. Please tell the local businesses that you find in this guide where you heard about them. Further information can be obtained from our partner website at www.whitesandsthailand.com.

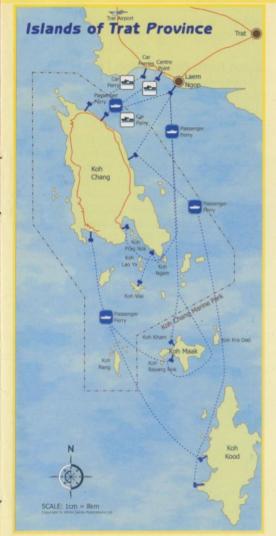
This is the only guidebook to the region produced by a company actually based in Koh Chang. Since we research, update and publish four times a year we are confident that we provide the best and most up-to-date information on the region. We welcome your queries, comments & suggestions at: wst@whitesandsthailand.com. For advertising information or if you would like copies of the guide please call 09 936 5621 - Thai or 01 919 8219 - English.

The photo on the cover is a view over Salak Phet bay in the South-East of Koh Chang.

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Transport o



Reaching the Region By Air

Trat Airport, owned and operated by Bangkok Airways, is located on the mainland near to Laem Ngop. At the moment flights operate to and from Bangkok taking about 40 minutes.

There are two daily flights to Trat from Bangkok leaving at 09.00 and at 15.40. Flights back to Bangkok from Trat leave at 10.20 and 17.00. An additional flight operates three times a week on Wednesday, Friday and Sunday. it leaves Bangkok at 14.30 and comes back from Trat at 15.50.

The Trat office of Bangkok Airways can be reached on 039 525 299 and the number of the airport is 039 525 767-8.

By Car

Eastern Thailand and its islands can be easily reached by road and three regular car ferries operate to Koh Chang.

There are two main driving routes from Bangkok, both around 310km long.

The first route is to take Highway 3, the Bangna - Trat road. There is a quicker elevated tollway running above Highway 3. Continue until the Chonburi Bypass and here turn off onto Highway 344. Follow this road past Ban Bung and when you reach the Klaeng Crossroads turn back onto highway 3 and continue on towards Trat.

Alternatively you can leave Bangkok on the Motorway that is a continuation of the Rama IX, Srinikarin road. This road goes onwards and meets highway 344 where you can continue to Trat as detailed above.

To avoid Trat and go directly to the ferry depar-



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Transport

ture points turn right onto the well-signposted Laem Ngop road about 20km outside Trat.

Driving from Pattaya take Highway 36 which joins Highway 3 heading towards Trat shortly after Rayong.

Buses From Bangkok

Minibus and full sized bus services pick up from guesthouses around Khao San Road and other Bangkok locations on request and travel directly to ferry departure points at Laem Ngop. Bookings can be made from any of the scores of travel agents in this area. The buses leave at 7-8am taking 5-6 hours and cost around 180-250B for a single trip including ferry crossing. Minibuses return to Bangkok at 11am every day from Laem Ngop and a Bus leaves Centrepoint at 12pm.

Frequent buses also leave for Trat from the Eastern Bus Terminal (Ekamai) and the Northern Bus Terminal (Mor Chit). Ekamai is located on the route of the Bangkok Skytrain whilst Morchit is slightly closer to Khao San road. The journey takes 4-6 hours & costs 190-220 Baht.

A new bus service has recently begun running from Ekamai direct to the departure point of the Koh Chang ferry in Laem Ngop. This service costs 200 Baht and saves time since you don't need to get a taxi from Trat to the ferry.

Return buses leave from the bus companies located on both sides of Sukhumvit Road in Trat

Times of Buses To/From Bangkok Cherdchai Suparat To Ekamai From Ekamai To Ekamai From Ekamai 07.00 am 06.00 am 08.30 am 08.30 am 08.00 am 07.00 am 10.30 am 10.30 am 09.00 am 09.30 am 12.00 pm 12.00 pm 10.00 am 11.00 am 02.30 pm 04.40 pm 11.00 am 12.30 am 05.00 pm 06.30 pm 12.00 pm 02.00 pm 11.00 pm 10.30 pm 01.00 pm 03.30 pm 05.30 pm To Morchit From Morchit 02.00 pm 07.30 pm 07.30 am 06.00 am 04.00 pm 09.30 am 08.30 pm 09.30 am 06.00 pm 11.00 pm 10.00 pm 12.30 pm 12.30 pm 11.30 pm 11.30 pm 04.00pm 03.30 pm To Morchit From Morchit 11.30 pm 11.00 pm 8.30, 2.30pm 8.30, 5.30pm

From Laem Ngop

2 pm, 4 pm

(see map of Trat). Departure times for Suparat and Cherd Chai buses are listed in this section.

Buses From Pattaya/Koh Samet

Daily minibus services operate from Pattaya via Ban Pae (ferry port for Koh Samet) to the ferry departure point at Laem Ngop. The cost is around 400B from Pattaya or 300B from Ban Pae and the journey takes 4 or 2.5 hours respectively.

Going to Laem Ngop the service leaves Pattaya at 8am. It picks up in Ban Pae at 11am. A return service leaves Laem Ngop at 1pm daily.

Public buses leave for Pattaya from Sukhumvit road in Trat at 05.00, 09.30, 12.00 and 15.00 daily. The trip costs 160B and takes 5 hours.

To Cambodia

There is a new daily minibus from Laem Ngop direct to Siem Reap in Cambodia. This is great if you want to head straight up to the temples at Angkor Wat. The bus leaves at 10.30am and arrives in Siem Reap around 7.00pm. The cost is 1,000-1,300 Baht depending on the season. Visas at the border are 1,200 Baht. Book at travel agents in Koh Chang or contact Kiatiphol Tour on 039 597 181. You can also cross over the border into Cambodia at Hat Lek. The opening hours of this border are 7am to 9pm. Minibuses to the border leave from the main road in Trat 100m north of the night market every 45 minutes (see map of Trat) and take about one hour to reach the border.

One month Cambodian visas (1,200B) can be obtained at the border. Take a passport photo or you will be charged another 100 Baht. Better still, get the visa in Bangkok and save on the mysterious



99 Express To Laem Ngop

7.30 am, 9.30 am

Transport •

extra 'charges' imposed at the border.

Recently a new road has opened offering an overland route into Cambodia. You can take a daily minibus from outside the Cambodian immigration office to either Phnom Penh or Sihanoukville. Both minibuses leave at 9am. The cost is 650B (\$15 US) to Phnom Penh or 550 B (\$13 US) to Sihanoukville. Buy your ticket in Koh Chang or Trat.

Alternatively onward journeys into Cambodia are through Sihanoukville via ferry to/from Koh Kong. The boat trip costs 600B and takes around 4 hours. Since the Sihanoukville boat leaves Koh Kong at 8am you will need to spend the night in Koh Kong. To get there take a motorcycle or taxi to Koh Kong for around 50B a head. Expect to be overcharged and agree the cost before you leave.

From Cambodia

Minibuses run from Sihanoukville and Phnom Penh to the Thai border at 7.30am daily. Ask at your guesthouse or hotel for details.

Boat departures from Sihanoukville to Koh Kong

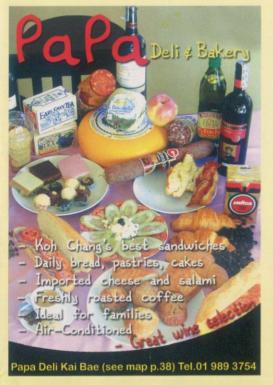
are at 12pm each day. On arrival at Koh Kong either stay the night or get a taxi or motorcycle to the Thai border before the 5pm close if you arrive with enough time to spare. More hazardous speedboats to the border operate from the ferry immigration stop before Koh Kong. These are not recommended in wavy conditions.

One month Thai visas can be obtained for free at the border. After crossing to Thailand a regular 100B minibus to Trat leaves every 45 minutes and takes just over an hour.

Boats To The Islands

Koh Chang, Koh Wai, Koh Maak and Koh Kham can be reached by ferry from the nearby port of Laem Ngop. To get there from Trat take a share Taxi (see Trat map) for 20B or, if you don't want to wait until it fills up, hire a full taxi for 120B.

A regular ferry service goes to Koh Chang year round. However, services to the other islands can be less frequent or stop altogether during the June to October wet season. Many resorts on these





Transport

islands close during the rains anyway so enquire before you travel there at that time of year.

There is a new direct taxi service from Trat to the Eastern side of Koh Chang. If you are going to Salak Phet or any of the other places on the Eastern side of the island this is a very convenient way to get there. Taxis leave from the narrow road behind Trat Department Store three times a day at 10am, Mid-day and 3pm. Return taxis leave Salak Phet at 5am, 6am and 8am so set your alarm clocks.

Koh Chana

Passenger ferries leave the main pier in Laem Ngop hourly from 8am to 5pm for Dan Kao in Koh Chang (every 2 hours during the wet season - Starting at 9am and finishing at 5pm). The cost is around 50-60B and the journey takes an hour.

Three car ferry firms operate a short way up the coast from Laem Ngop. They charge about 80 Baht one way for a car run hourly in the high season. They also carry foot passengers (30-50B) and are linked to Trat & Laem Ngop by taxis. Crossings take from 25 to 50 minutes.

On arrival share taxis wait to take passengers to the various beaches. White Sands Beach (Hat Sai Khao) is 30B, Klong Phrao is 40B, Kai Bae 50B and Hat Ta Nam (Lonely Beach) costs 70B. A taxi goes to Bang Bao once daily at 4pm.

Koh Maak & Koh Kham

A daily ferry to Koh Maak & Koh Kham leaves Laem Ngop at 3pm taking three hours.

Inter Island Hopper runs a daily service to these islands from Bang Bao on Koh Chang.

Another boat leaves Laem Ngop at 8.30am on Fridays, Saturdays & Mondays. It returns from Koh Maak at 2pm on Fridays, Sundays & Thursdays.

Koh Kood

With the building of new resorts on Koh Kood boat services to get there have improved.

Koh Kood Seatrans offer a regular ferry to Koh Kood starting from Laem Ngop and picking up on Koh Chang on the way. The ferry leaves for Koh Kood on even days of the month. It departs the main pier in Laem Ngop at 12pm and calls at Dan Khao pier on Koh Chang at 1pm, arriving in Koh Kood at 4pm. The return service leaves Koh Kood on the odd days of the month at 10am. It arrives at Koh Chang at 3pm and gets back to the mainland at 4pm. The cost is 150-200B. For bookings call 01 829 7751 or contact a booking agency.

A ferry run by War Choke Wuttichai leaves for Koh Kood from Dan Khao, 5km out of Trat. Ask at your guesthouse or get a Trat car or motorbike taxi to get you there. This ferry departs for Koh Kood at 10am on Tuesdays and Fridays. A return service leaves from Khlong Mat pier on Koh Kood at 10am on Sundays and Thursdays. The cost is 200B. Call 09 825 2389 - Thai only.



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Transport

Inter Island Hopper runs a regular service from Koh Chang, Koh Wai and Koh Maak to Koh Kood. The Boat departs on Tuesdays, Thursdays and Sundays. Contact 01 865 0610.

Koh Wai

A daily ferry to Koh Wai leaves Laem Ngop at 3pm taking 2.5 hours. Island Hopper run a daily boat from Bang Bao on Koh Chang call 01 865 0610.

Other Islands

A host of boat trips are available from Koh Chang to some of the other islands. Thai Fun offer transport to the other islands from White Sand Beach. Travel between Koh Chang, Koh Rayang, Koh Maak, Koh Wai and Koh Kood can also be arranged with these tours. See the activities section of the guide for details of these boat services.

Getting Around

On Koh Chang hourly share taxis run between all the beaches as far as Lonely Beach and the ferry terminals from 6am until late evening. They can be flagged down anywhere and used to travel around the island. If you are planning to return to your hotel late at night don't rely on the taxis since evening service is a bit erratic. Either book a taxi yourself or take advantage of the transport services that are increasingly being offered by many of the hotels, bars and restaurants on the island.

Alternatively cars, motorcycles and bicycles can be hired from many hire firms and resorts. Roads are of good quality but there are some dangerous hill sections. If you are an inexperienced motorcycle rider then think carefully before hiring a motorbike. Every year the island has quite a few road deaths and many visitors have their trip spoiled by a motorcycle accident. If you don't wear a helmet the local police will be waiting to fine you. There is no public transport on the other islands. Lifts to and from ferries can be arranged through some of the resorts.

Leaving Koh Chang

When leaving the island from any of the main beaches wait anywhere on the road about 45 minutes before ferry departure and share taxis will stop and pick you up as they pass taking you to the ferry departure point.

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Climate

Southeast Thailand has two seasons, a dry period that runs from November to May and a wet season from June to October. Temperatures are coolest from November to December with daily maximums averaging around 30C. Just before the wet season this can rise to the mid thirties

It can rain heavily in the wet season but rainfall is by no means constant. Indeed sunny days are still common.

The busiest time for visitors to the region is December to April. Many resorts on the outer islands close during the rains but Koh Chang has resorts that remain open and this can be a good time to visit for those seeking peace and quiet.

Health & Medical Facilities

Koh Chang International Clinic, part of the Bangkok Hospital group, (01 863 3609 or

www.kohchanginterclinic.com) is located on White Sands Beach. They are open 24 hours during the peak season from December to April. There is a small hospital in Koh Chang just south of where the mainland ferry arrives (Phone - 039 521 657), Khlong Son, Kai Bae, Khlong Prao and Bang Bao also have small clin-

There is a clinic on Koh Maak (see map).

Trat has 2 larger hospitals: Bangkok Trat Hospital, a private institution, which has excellent facilities and is recommended in the event of any major accidents or emergencies (039 532 735) and Trad Hospital (039 511 040/1).

The region has Malaria although cases are very rare. It is more of a risk in the monsoon. Take the usual precautions.

Animal Health services are available on Koh Chang. Call 09-042-2347 for information.

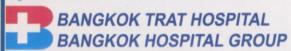
KO CHANG INTERNATIONAL CLINIC

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See map on P.36

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Emergencies

In the event of a medical emergency after normal ferry hours contact Ko Chang International Clinic on 01-8633609 or Bangkok Trat Hospital on 039-532735. They arrange for emergency evacuation by boat and ambulance to Trat.

The main police station on Koh Chang is at Dan Mai. They can be contacted on 039 586 191 and 039 586 098. There are also police stations in White Sands Beach and in Kai Bae. Alternatively the Tourist Police can be contacted on 1155.

Tourist Information

There is a Tourist authority of Thailand (TAT) office in Laem Ngop. Phone - 039 597 255.

Information on Koh Chang National Park can be obtained from the National Parks offices in Laem Ngop (Tel. - 039 538 100) or from the office in Koh Chang (see map).

Banks

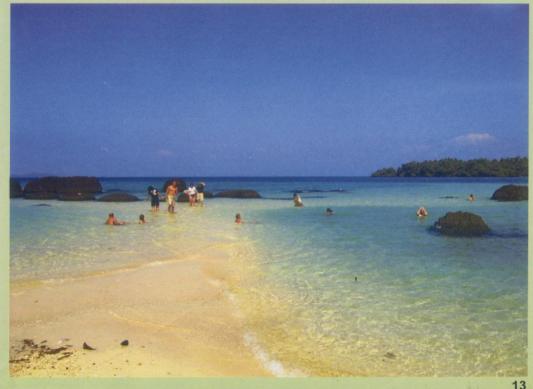
There are small branches of the Thai Military and Siam City banks on White Sands beach. There is also a new branch of Siam Commercial bank at Chai Chet. There are also ATM's at White Sands Beach, Chai Chet, Kai Bae and even Bang Bao.

There are many banks in Trat with ATMs. Various hotels and guesthouses will change both traveller's cheques and cash but the rates offered are lower than the banks. Some resorts also accept credit card payments.

Communications

Trat has several small Internet cafes and guesthouses that charge 1B per minute for Email. Koh Chang and Koh Maak have Internet access from 1B per minute via satellite or phone connections. See the maps for locations.

There are government post offices in Trat and



close to White Sands Beach in Koh Chang. Postage rates are reasonable. A small postcard to any country is 12B and large postcards are 15B. Air-mail letters start at 14 Baht and increase depending on destination and size. The post office will not send letters with stamps of insufficient value so it is best to get them weighed and stamped in the post office to be sure that they will be delivered.

Local and national phone calls can be made at several of the resorts and businesses on the island (10B/min local or 40B/min international are typical prices). There are international phone terminals on most of the main beaches. There is also a Telecommunications office in Trat that is open from 7am to 10pm.

Immigration

The regional immigration office is located at Laem Ngop. The office has recently moved from

its old location. It is now located about 1km outside Laem Ngop on the left side of the main road heading towards Trat. They can deal with visa extensions and other queries here. If you have a 30 Day Visa for Thailand you can extend this for up to 10 days. You can also get a one month extension on a two month visa. These extensions cost 1,900 Baht each. Phone 039 597 261.

Conservation

Koh Chang Green Club are a group concerned with the protection of Koh Chang's environment. Membership is 200 Baht with free T-Shirt and member discounts. Call 01 982 8381 for details. Also please remember that you are in a national park. Avoid littering and leave Koh Chang as beautiful as you found it.



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Important Dates & Events

Koh Chang can get busy on Thai holidays so book ahead. Full moon nights see fun beach parties that are not quite on the same hedonistic scale as in Koh Pa Nghan.

On Thai public holidays banks, post offices

etc. are closed but all transport and most tourism-related businesses still operate. as normal

6th April Chakri Day (holiday)

Commemorative holiday for Rama I, founder of the Chakri dynasty.

13-15th April Songkran (holiday)

The Songkran water festival celebrates the Thai New Year. Monks and respected elders have water sprinkled over their hands as a mark of respect. Koh Chang will be packed with Thais and foreigners alike celebrating by throwing water over each other. Expect to get very wet but don't let that stop you from going out and joining in what is a very entertaining celebration.

2nd May 5th May Labour Day (holiday)
Coronation Day (holiday)

Celebrates the King's coronation in 1946.

11th May 23rd May Public Holiday (holiday)

Visaka Bucha Day (holiday)







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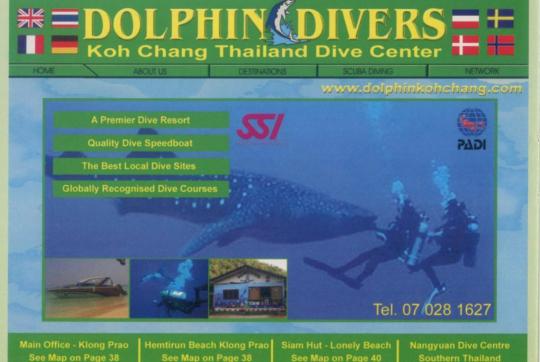
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Singapore....02 286 2111 Spain....02 252 6112
Sweden.....02 302 0360 U.K.......02 305 8333
U.S.A.........02 205 4000 Vietnam.02 251 5835





This section offers information on Koh Chang only. For activities on other islands and in Trat see the relevant sections later in the guide.

Diving & Snorkelling

There are some excellent diving and snorkelling opportunities around Koh Chang and the region is rapidly developing into a major centre of diving in Thailand.

The diving in the area is primarily at reasonably shallow depths with good reefs located at 5 to 25 metres. Visibility can reach 30m but is variable. Diving can be done year round but the best time to dive is between October and the end of May since rougher seas during the rainy season can reduce visibility or make it difficult to reach the dive sites. However there are calmer periods in the rainy season when diving conditions are OK.

There are impressive reefs in the area with a variety of soft and hard corals including Mas-

Open For Special Offers Diving & Internet Cafe Nature Bungalows, Lonely Beach Phone: 07 142 2948 - English/German Phone: 09 544 3534 - Thai E-Mail: arnhelm@gmx.de

sive, Columnar and Stagshorn Corals. These support a range of tropical reef life including Blue Tipped Rays, Moray Eels, Trigger Fish, Grouper and Batfish. Turtles can be spotted and Whale Sharks are also seen in the area from time to time.

There are a series of dive sites offering good diving at 5-18m around the seamounts and small islands to the West of Koh Chang. These





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09 885 6182

include Koh Man Nok and Hin Sam Sao.

The deeper dive sites are located off some of the islands and seamounts to the South of the Archipelago. Hin Luk Bat has a lot of good coral and some good swim-throughs. Hin Raap is a deeper rocky site with good soft corals. Other good sites lie off Koh Rang.

Koh Chang has quite a few dive operations. On White Sands Beach you can choose between Koh Chang Divers, Paradise Divers, White Sand Dive Centre and The Wing Dive Centre. Koh Chang Water World and Dolphin Divers are based in Klong Prao. Seahorse Divers are based in Kai Bae. Koh Chang Dive Point is located at Lonely Beach. Ploy Scuba Diving, B.B. Diving, The Dive Adventure and scubadive-thailand.com operate from Bang Bao village. You can book your diving by visiting the offices of the dive shops or from resorts and travel agencies on the island.

The price for a two-day Discover Scuba course is 3,500B whilst full PADI certification costs around 11,000B. Pleasure dives cost 2,200-2,400B, depending on site, for two dives with lunch. All other PADI courses are also available. Prices are set by the Koh Chang Diving and Snorkelling Business Club in an effort to ensure that all divers in Koh Chang receive a quality diving experience.

Whilst the beaches of Koh Chang themselves offer little opportunity for snorkelling other islands in the chain can be reached by boat trips and there is some excellent shallow reef for snorkelling at these sites. Additionally there are a few good snorkelling sites on Koh Chang. The rocky shorelines at Hat Kai Mook and Bang Bao Cliff Cottages offer some good snorkelling.

Additionally most of the dive shops will take snorkellers on their boats. Contact them for prices and details.



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Request the night before

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Morning Dive Trip

(Two dives) Free pick up 7 am free first class breakfast of the Blue Cafe (Food must be ordered night before) English, American or continental breakfast, or That food.

Dive one 9 am before all the other boats arrive (Hin Luk Bath or Pinnades).

Dive (wo 10-30 am (Koh Thong Lang, Koh Yak or Koh Leun all in the Wattonal Park at Koh Rang, (Back at Blue Cafe approximately 12.30.

Dives Will be tailored for your relevant diving experience

Afternoon Dive Trip

Id wo or three dives) Free bick up 1.30 pm Free light lunch at Blue Cate bive one 2-30 pm (Nin Lunca ath or Pinnacles)
Dive two 4pm (Kow Thong Lang, Koh Yak or Kon Laun all in the National Park at Koh Rang.) Back at Blue Cate approximately 5-30pm
Dive three if requested can be a night dive and we would leave about 6-30 pm and back to the Blue Cafe around 8-30 pm

All Day Dive Trips

Can be catered for as well two times per week

(Three dives) Free pick up 9-30 am

Dive one 11 am (Koh Thong Lang or Pinnacles dependent on dive level)

12-30 Free Thai lunch on the beach around the National Park

Dive two and three starting at 2pm Koh, Thong Lang, Koh Yak or Koh Laun all in the National Park at Koh Rang. Back at Blue Café around 4-30 pm

The last Dive shop on Bang Bao Pier Nearest the boats
Tel Shop 039-558028 Mike 06-0460316 / 07-1373261







Swimming

It is generally fine to swim off all of Koh Chang's beaches. In the high season conditions are calm and safe and the gradual slope of the beaches makes for good swimming conditions.

Note, however, that during the rainy season heavy seas with rip tides can develop and people drown every year. Basically, don't swim beyond your abilities and if the sea looks dangerous it probably is so stay out of the water when it's too rough.

Other Watersports

Dolphin Divers offer water skiing, kayaking, surfing and bodyboarding etc. from their Klong Prao base.

Ban Kwan Chang Elephant Camp also offer guided kayak tours.

You can rent canoes from many places on the busier beaches. They cost 100-200 Baht per hour.

Beaches

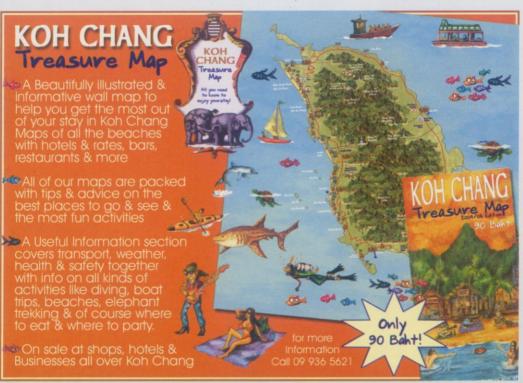
The main beaches on Koh Chang are all on the west coast and are, from North to South, Hat Sai Khao (White Sands Beach), Klong Prao, Kai Bae and Hat Ta Nam (Lonely Beach).

There is also a beach past the village of Bang Bao in the Southwest of the island and a couple of others including Long Beach in the far southeast which now has road access.

All of the beaches are in attractive settings, with accommodation and facilities. White Sands Beach has the most development and a wide range of dining and entertainment is available. Klong Prao and Kai Bae have fewer resorts but still have a range of restaurants/bars etc. Lonely Beach, whilst still having many rooms, has fewer bars and restaurants.

Villages

In addition to settlements at the beaches men-



tioned previously there are several villages on the island that are worth a visit.

Klong Son is the first village reached on the drive to the beaches from the ferry arrival points. Parts of the village are built over the sea in an attractive bay.

Bang Bao is another photogenic village built out into the bay on stilts. There are several small restaurants noted for their excellent fresh seafood and there are several guest houses and rooms for rent available.

In the far south east of the island, a long way from the most developed areas and resorts is the village of Salak Phet, also noted for good seafood. A recent initiative has been the introduction of home stay accommodation in Bang











Bao and Salak Phet. Enquire there for accommodation possibilities.

Also the Koh Chang Discovery club works with local people to offer tours of the island. Visitors can sample the local way of life visiting villages and taking part in fishing and other island pastimes. Call 01 919 3995 for more information.

Boat Trips

A variety of boat trips are available around the islands. These can be used as a means of travel between the islands or simply to go for a day trip of sightseeing or snorkelling.

Sea Adventures have just completed a large 13m catamaran. Tours on this sailing boat began in March. Day trips, sunset dinner cruises, party trips and corporate charters are all available. Call 04 728 6387 or enquire with booking offices.

Inter-Island Hopper operate regular boat trips from Bang Bao in the south of Koh Chang to some of the other islands. Call 01 865 0610.

Sea Bird in Bang Bao also offer boat trips. They are very flexible and trips can be arranged to your requirements. Give them a call on 07 925 4428 or 07 091 2146.

Ko Chang Evolution Tour also offer boat trips. Koh Chang Marina is located near to Salak Phet and offers moorings for yachts in addition to speedboat charter trips to Koh Wai.

Thai Fun based on White Sand Beach offer day trips aboard a large and well-furnished ves-

sel. They provide free buffet lunch and snacks and provide snorkeling gear.

Sao on White Sands Beach runs frequent and popular two day/one night boat trips to some of the other islands.

Several of the resorts in White Sands Beach, Klong Prao and Kai Bae offer snorkelling trips to the corals off nearby islands such as Koh Yuak. The cost is around 200B. Enquire at the resorts for more information.

Sailing in Thailand offer live-aboard sailing holidays amongst the islands. They have attractive yachts and experienced captains.

Walking

The mountainous jungle interior of the island offers some challenging and enjoyable walking. Several people on the island act as guides and due to the demanding terrain and bad paths it's probably worth taking a guide unless you're an expert. Lek from Jungle Way in Klong Son takes people on interesting treks to the jungle interior (call him on 09 223 4795). Ko Chang Evolution Tour offer guided Safaris. For the more adventurous you can also go rock climbing with Dolphin Divers.

Harmony Butterfly Garden is set in an attractively landscaped garden close to Ao Sapparot







Bar & Gallery. Original art & commissions. Tel: 01 176 0048 White Sands Beach



where the ferry docks. Their butterfly farm is awaiting completion but they grow beautiful orchids in their gardens and you're welcome to come and take a stroll. Orchids are also available for sale here. Call them on 039 555 091.

Wildlife

Most of Koh Chang is covered in rain forest that has been largely undisturbed due to the mountainous terrain of the island. There are also good examples of mangrove forest ecosystems where the island's numerous streams meet the sea. Marine National Park status was awarded to the island chain in 1982 in an effort to preserve the exceptional land and marine environment.

The forests of the island support a large range of wildlife. A survey conducted for Thailand's National Park Service in 1992 recorded 29 different species of mammal on Koh Chang. These included the Stump-Tailed Macaque, Barking Deer, Wild Pig, Javan Mongoose and Silvered

Langur.

Birdwatchers will be pleased to know that seventy four bird species were found including the Nightjar, Pacific Swallow, Yellow Vented Bulbul and Oriental Pied Hornbill

Additionally the survey noted 42 different species of amphibians and reptiles. Snakes that inhabit Koh Chang include the Python, Rat Snake and King Cobra. Malayan Mud Turtles, Monitor Lizards and the ubiquitous Gecko are also found on the island. There are also a variety of very vocal frogs. The aptly named Koh Chang Frog is a species unique to the islands.

Waterfalls

There is an impressive waterfall at Klong Plu near Klong Prao in an unspoiled jungle setting. It costs 200B to enter the national park. The waterfall is at the end of a half kilometre jungle path. A swim in the plunge pool is a pleasant way to cool down after the walk to the falls.









Than Mayom waterfall is on the East side of the island and is a pretty multi-level falls.

Klong Nonsi waterfall is close to Dan Mai on the Eastern side of the island. It has several tiers, the first of which is a ten minute walk into the jungle. There are two other waterfalls near to Salak Phet in the south-East of the island. Both are clearly signposted. There are also smaller, more hidden, waterfalls up the valleys behind Klong Son, White Sands Beach and Kai Bae. These often dry up outside the rainy season. Ask locals for more information and directions.

Elephant Trekking

You can go elephant trekking at two places on the island. Chang Chutiman operate economical and popular elephant trekking to the interior of the island from Klong Prao village. The treks are a good opportunity to sample some of the beautiful scenery of inland Koh Chang. They also offer island tour packages and can pick you up from your hotel. They have a recent addition in the form of a photogenic baby elephant. Call 09 939 6676 or 07 135 7424 for bookings.

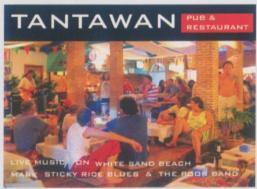
Baan Kwan Chang offer elephant treks that take place in an inland valley to the North of the island. To get there turn inland at Klong Son and proceed for about 2km. Call 01 919 3995.

Ban Chang Thai also offer elephant trekking and jungle tours from Klong Plu. You can also help to shower the elephants in the nearby river. They can be contacted on 09 849 4902, 01 761 1554.

Shopping

You can pick up a surprisingly large range of goods, both souvenirs and necessities in Koh Chang. There are a growing number of shops selling souvenir items on the major beaches. These include carvings, jewellery, ethnic clothing and handicrafts, bags, T-Shirts, CDs etc.

G. Armani is a Tailor with three shops. Two of









them are near hotels in White Sand Beach with the remaining shop, Designer, in Koh Chang Plaza, Chai Chet. Telephone 01 693 5018.

Gioni Collection is located at Sabay Plaza on White Sands Beach. Koh Chang Grand Tailors is at the Koh Chang Plaza in Klong Prao. Telephone 01 921 9844 or 09 155 3417.

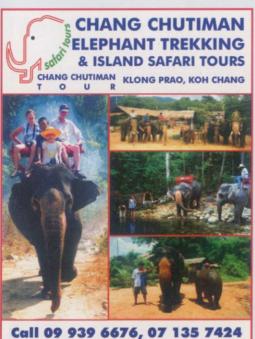
The Taj Custom Tailor is located in Klong Prao, a short walk from V.J.Plaza. You can contact them on 01 441 3234 or 039 551 450.

You can buy original artwork and even commission work at Rungthip studios on 01 176 0048 or at Sun Gallery on White Sands Beach (01 000 2030 and 01 173 4998).

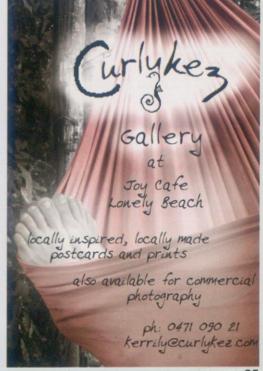
Curlykez studios in Lonely Beach offer a series of great original postcards and photo art of Koh Chang. They have generously provided most of the photographs in this guide so if you like them then check them out (04 710 9021).

There are also small supermarkets and shops on all the beaches selling a reasonable range of





Or book at your hotel for a great day out seeing Koh Chang island







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foods, groceries, hardware and the like.

Reading

If you run out of reading material there is a second hand bookshop opposite Ban Pu resort on White Sands Beach and one on the beach at Mac Bungalow resort. More economically, some of the resorts offer book rentals and exchanges. Thor's Palace and Tantawan on White Sands

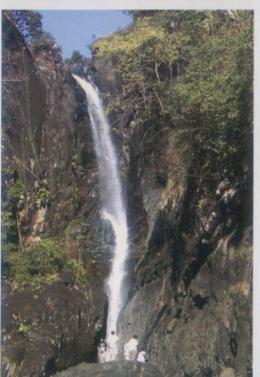
have good selections. Kai Bae has a range of second hand books available from Kai Bae Internet and both new and second hand books are on sale in Relax Centre.

Cookery

If you want to learn how to make authentic Thai food you can take Thai cookery classes









from the experts at Blue Lagoon resort in Klong Prao. Telephone 01 940 0649 for information.

Miss Naughty Restaurant in Bailan Hut also offers Thai cookery classes.

Massage, Saunas & Spas

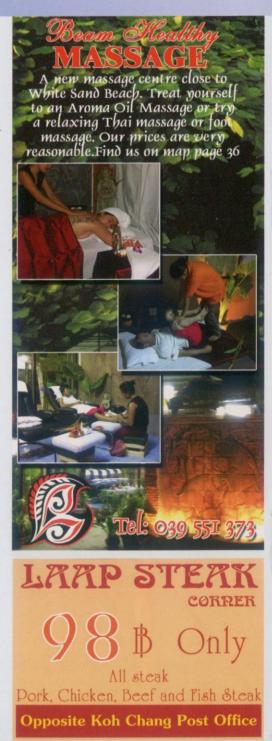
Why not relax with a traditional Thai massage? Bodiwork Spa at Sea View Resort in Kai Bae offer a wide range of massage programs and Spa treatments from staff highly trained by Bangkok Bodywork Training Centre, Bangkok. They also have a professional massage centre at Koh Chang Hillside Resort on White Sands Beach. Their large range of programs include Thai, Swedish, Sport and other full body massages, Reflexology, Steam treatments, Jacuzzi and facial and body treatments. Contact them on 09 939 2313 or 039 557 222. For those who wish to learn the art of massage and spa treatments they offer courses at The Bodiwork at Hillside Hotel. Call 09 811 3725 for more information.

Beam Healthy Massage is a new massage shop that has just opened near to White Sand Beach. They offer a range of economical Thai, foot, aroma oil and other massage treatments. Call 039 551 373.

There are a number of Thai masseurs who operate on all the beaches of the island charging around 200B per hour and several massage shops have recently appeared.

There is a place offering herbal saunas in Bailan. The sauna is in a unique adobe building in an attractive garden setting. At just 100 Baht per session it's a bargain. They have recently begun to offer massages at 60 Baht and Skin Treatments for just 30 Baht. Call 06 252 4744.

There is a new fasting retreat called Natural High on a hill overlooking Bailan Beach. They offer a range of fasting, detox and cleansing programs as well as meditation and yoga. You can contact them on 07 132 2804.







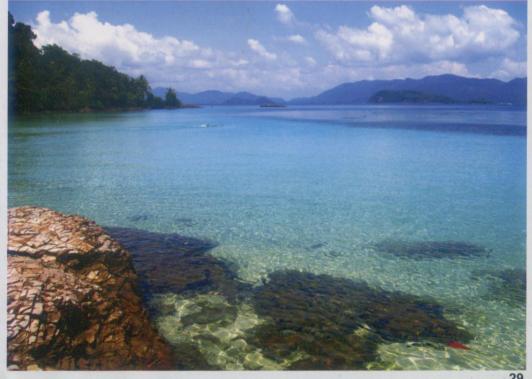
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Tattooing

There are a number of Tattooists on the island. Standards of artwork are usually good.

On White Sands Beach, Jack, who is based at Tantawan Resort, does impressive work using traditional tattooing techniques combined with modern cleanliness. Call 06 625 4967.

Alternatively Sun Tattoo at White Sand Beach centre offer quality custom designed tattoos using machines. Contact them on 01 000 2030 or 01 173 4228.

Games

Many of the bars have pool tables. You can shoot pool and play Petanque, (the French boules game) and darts at Lee's in Kai Bae. Iyara resort has snooker tables at 60B per hour and there are a couple of other snooker halls around the island. Northern Lights in Hat Kai Mook has two good dart boards. There is a mini-golf course in Kai Bae.

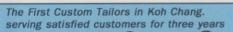














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Adventures

Thai Language

Most of the Thai people that you meet in Koh Chang will be able to speak at least a little English. However they will be happy if you make an effort to talk to them in their own tongue.

This can be tricky: Thai has sounds you probably haven't heard before and is a tonal language so the same sound can mean different things. For example Mai mai mai mai, said with the correct tones, means "The new wood doesn't burn does it?". But don't be put off, a few basic Thai words and phrases can get you a long way. Below are a few of these basics.

To be polite men say Krap and women say Ka at the end of any sentence.

Hello......Sawat Dee Krap / Ka

Goodbye	Lar Gorn
Thankyou	
Yes	
No	Mai
Thai doesn't have literal v	words for yes or no but
you'll be understood if you	
One	Neung
Two	Sawng
Three	Sam
Four	See
Five	Har
Six	Hok
Seven	Jet
Eight (difficult!)	Bpet
Nine	Gao
Ten	Sip
Twenty	Yee Sip
Thirty	Sam Sip
One Hundred	Neung Roy
One Thousand	Neung Pan
How Much?	Tao Rai
Expensive	Paeng
Cheap	Took
Attractive/Beautiful	Sa-Why
Handsome	Lor
Delicious	
Most Thais use the letter	'L' instead of 'R' so, for

example, arroy above becomes alloy in speech.

Hot (Heat).....Rawn Hot (Spicy food).....Pet

This.....Nee

Police.....Tamruat Hospital.....Long Payar Barn

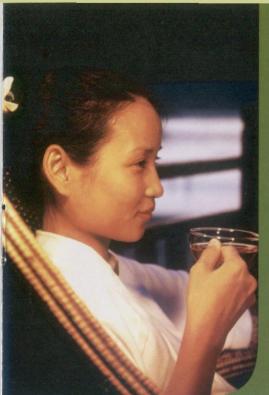
	Day	Wan		
	Today			
	Tomorrow			
	Yesterday			
	Second	. Wee Natee		
	Minute	Natee		
	Hour	Chuamong		
	Fun	.Sanuk		
	Good / Bad	Dee / Mai Dee		
	Big / Small	.Yai / Lek		
	Come / Go	Mar / Bai		
	Where are you Going?	Bai Nai?		
	What?	A Rai?		
	Where?	Tee Nai?		
	When?	Meu Rai?		
	How?	.Yanglai?		
	Why?	.Tammai?		
	Can you help me?	.Chuay Dai Mai?		
I'm Sorry to have woken you up				
Khortort tee tam hai khun dtong dteun norn				
	This is a useful guide book!			
	Nang Seu Nee Chuay Khun Dai!			
	Nang seu N	ee Chady Khan Dali		

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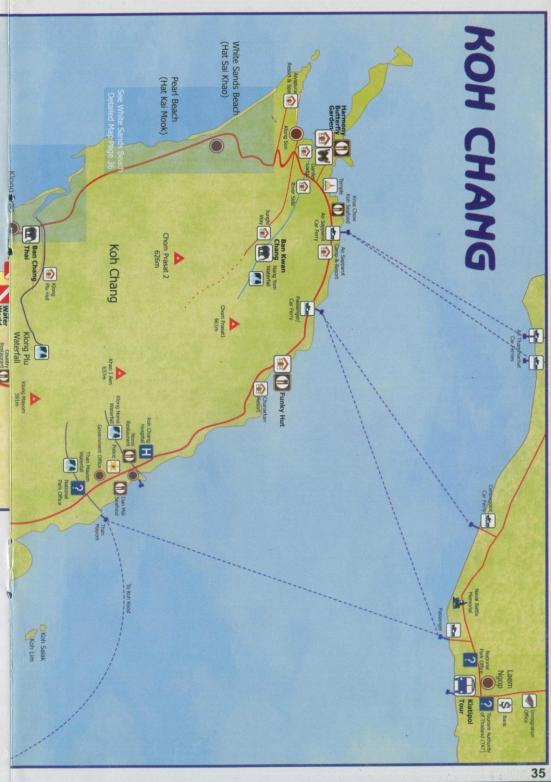
From/to any resort on Koh Chang

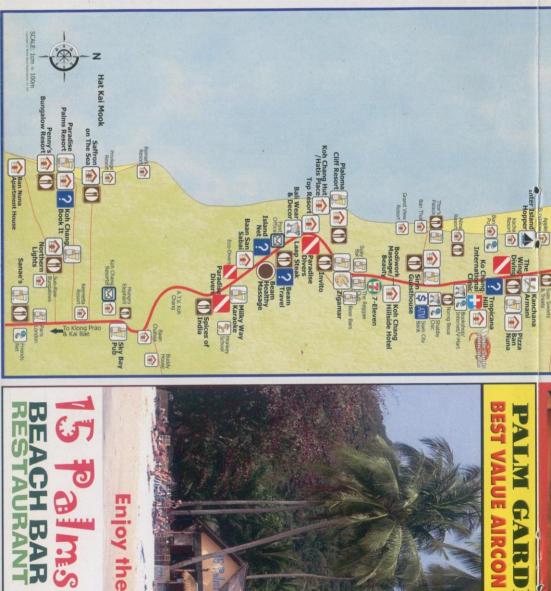
BODIWORK SPA Call 09 939 2313

The Bodiwork Call 09 811 3725

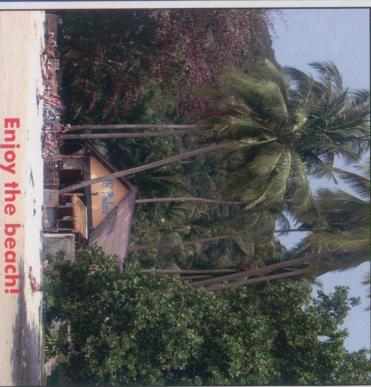


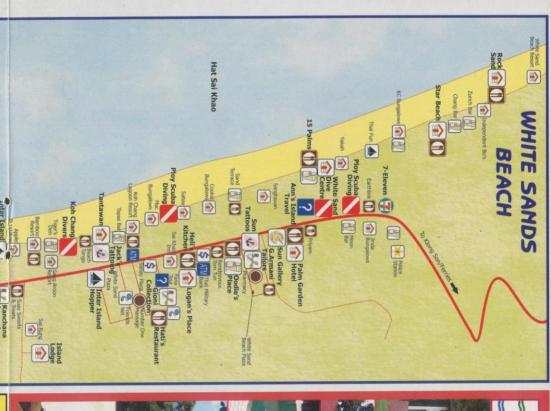


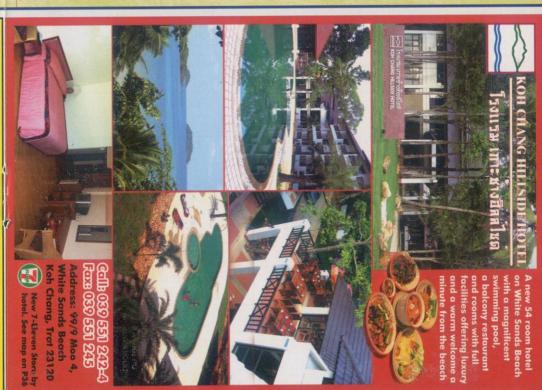
















de la route, à gauche, en allant vers le sud). Fredo, le blen entendu partager les dernières informations du toute aussi importante que la nourriture. Vous pourrez un plaisir de se laisser faire. Sa cuisine méridionale maître des lieux vous mettra très vite à l'aise. C'est bien situe, et on le trouvera facilement (sur le bord petit resto Français du coin. Veranda toute simple installée sur un petit talus en surplomb de la route. A une dizaine de kilomètres de Had Saï Khao.... le point d'honneur. Mais ici la chaleur humaine est L'établissement ne paie pas de mine, mais il très est simple et les produits sont bons. Il y met un cru... une adresse à ne pas manquer!" le Petit Futé Thailande 2004-05

Bon appetit!

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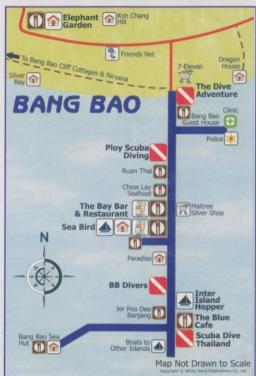






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KOH SAMED > 06-1439318



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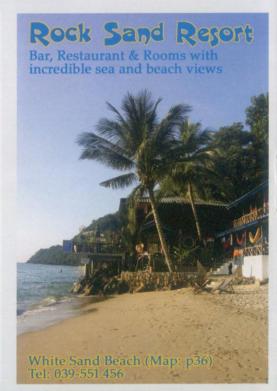
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English 01 919 8219



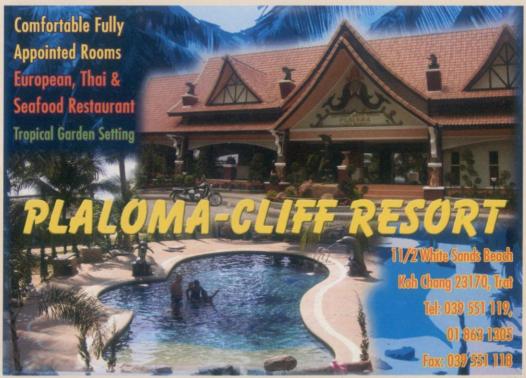
The accommodation available in the area varies from simple huts to luxury resorts. The following guide lists available accommodation by area. Note that the room rates quoted are high season and may significantly drop during the low season. Consult the relevant map for resort locations.

NB - Resorts can fill up quickly, especially in the high season, so booking is advisable. Contact the phone numbers and E-mail addresses provided.

PRICE KEY - <u>A</u> - <500 Baht <u>B</u> - 500-1,000 Baht <u>C</u> - 1,000-1,500 Baht <u>D</u> - 1,500+ Baht

Koh Chang - White Sands Beach

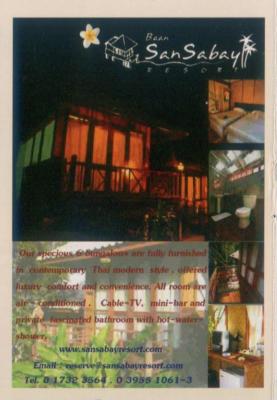
Plaloma	B-D	60 room Resort set in tropical gardens features fan and A/C rooms with bathroom	Tel Fax	039 551 119 039 551 118
Koh Chang Hillside Hotel	D	New hotel with swimming pool. well priced rooms with balcony restaurant & sea views		039 551 242-4 039 551 245
15 Palms	<u>B-D</u>	Aircon rooms with TV	Tel	039 551 095
Palm Garden Hotel	В-С	7 well finished, good value A/C rooms with TV, fridge & hot water. Reception is in 15 Pa		039 551 095



PRICE KEY -	<u>A</u> - <500	Baht <u>B</u> - 500-1	1,000 Baht	<u>C</u> - 1,000-1,500 E	Baht <u>D</u>	2 - 1,500+ Baht
Sirin Guesthouse	∋ <u>B</u>	3 Well priced for 2 A/C rooms with 2 fan rooms with	vith hot water	er and mini bar	Tel	01 827 1326
Logan's Place	D	New luxury gue with TV, Air-Co				039 551 451 ailand.com
Star Beach Bungalows	<u>A-B</u>	New resort wit great views on a			Tel	01 940 2195
Tantawan	В	15 beach fan roo the centre of WI			Tel	01 996 5969
Top Resort	B-D	Newly complete well furnished I			Tel fax	039 551 364/5 039 551 363
Baan San Sabai	C	6 well appointed with A/C, fridge			Tel Tel	039 551 061-3 01 732 3564



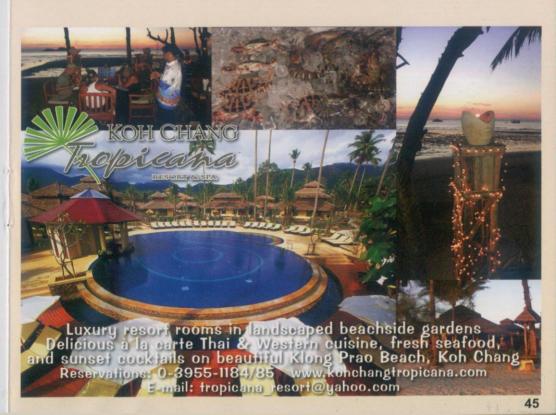




Hati's Place	A-D	Kitchen flats & rooms with great sea views. Private beach. Fan and A/C room choices.	Tel Fax	07 055 0695 039 551 160
Ban Nuna Bungalows	<u>A-B</u>	10 Double fan rooms with bathroom. Next to the clinic. Rooms 200-350B	Tel www.k	01 821 4202 oh-chang.de
Island Lodge	<u>A-B</u>	Rooms & Huts on a hill with great views Daily, weekly and monthly rates available	Tel	01 865 0610
Rock Sand	В-С	Rooms with great ocean views at the less busy end of White Sands Beach.	Tel	039 551 456
Koh Chang Tropicana Hill	A	Economical huts in a quiet jungle setting Rental by night or by month	Tel	01 983 2072

Koh Chang - Hat Kai Mook (Pearl Beach)

Saffron On	B-C	7 unique bungalows in tropical seaside setting Tel	09 802 4913
The Sea		UBC satellite & hot water. A/C & fan rooms Tel	039 551 253-5



PRICE KEY -	<u>A</u> - <500	Baht	<u>B</u> - 500-1,00	00 Baht	<u>C</u> - 1,000-1,500	Baht	<u>D</u> - 1,500+ Baht
Paradise Palms Resort	B-C	Satell	-	hannels -	with UBC Gol Movies & Spo nset views		09 094 6023 09 032 0166 039 551 181
Northern Lights	A-C	the se	a E-Mail: no	rthernligh	lows 200m from nts@ethailand.c ircon. Malt Wh	com Tel	07 1389 398 / Fax 039 551 376 ection.
Penny's Bungalow Resort	B-C				the sea. Family rant. e-mail ir		039 551 122 ny-thailand.com
Ban Nuna Apartment House	<u>A-B</u>	112 17 17 17 17			ea views. Mont motorbike rid		01 821 4202

Koh Chang - Klong Prao

Chai-Chet	B-D	35 Aircon rooms & beach huts with fan.	Tel	01 862 3430
Bungalow		Great views over Klong Prao beach	Tel	01 577 1638



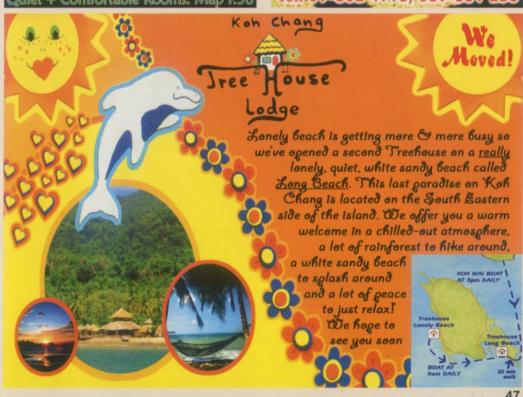






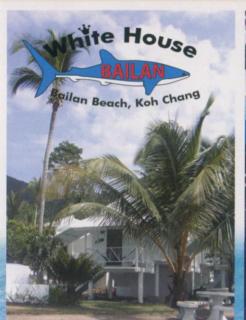


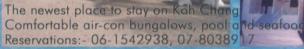




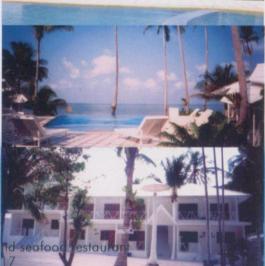
PRICE KEY -	<u>A</u> - <500	D Baht <u>B</u> - 500-1,000 Baht <u>C</u> - 1,000-1,500 B	aht <u>D</u> - 1,500	0+ Baht
Tropicana Resort	D	New high end resort with luxury traditional rooms with all facilities. restaurant and swimming pool. www.k	Tel 039 Tel/Fax 039 ohchangtropica	
Blue Lagoon	A	11 Fan huts with bathroom. Picturesque Lagoon setting in mangrove forest.		40 0649 85 1132
Amari Emerald Cove	D	Newly Completed luxury resort with huge pool, Spa and three restaurants	Tel 039 s	552 000 com
<u>Kai Bae</u>				
Coral Resort	B-D	Newly remodelled resort by the sea with a huge swimming pool and great views	Tel 039 s	557 136/9 esort.com
Lek Lodgings	C	Large A/C rooms each with UBC TV and a DVD player.		65 4231 08 9185

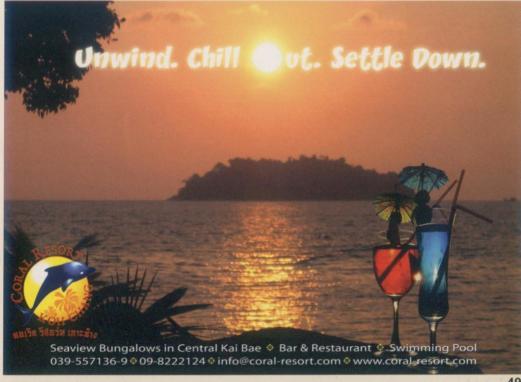












PRICE KEY - A - <500 Baht B - 500-1,000 Baht C - 1,000-1,500 Baht D - 1,500+ Baht

Kai Bae Fredo - Full board accommodation available in the Tel 09 247 1515 centre of Kai Bae

CasamarinaA-B6 new rooms next to 7-eleven in the centre
of Kai Bae a short walk from the beachTel039 557 027
09 753 3194

Koh Chang - Lonely Beach

Tree House 25 Beach huts with shared bathroom. Atmospheric location. A Lodge Long established place popular with backpackers 01 860 4623 Bhumiyama D New luxury resort in landscaped gardens. Tel Tel **Beach Resort** Has a swimming pool and a restaurant 039 558 067/70 Lemon Bar A-C The islands first gay resort welcomes guests Tel 01 002 1845 gay and straight to its fan & A/C jungle rooms

Koh Chang - Bailan Beach

A-B

Bailan Hut

setting. Restaurant and bar over the water

The White B-C Attractive resort with 32 fan and A/C rooms Tel 06 154 2938 and a swimming pool next to the beach Tel 07 803 8917

15 Wooden beach huts in a quiet and attractive Tel

Koh Chang - Bang Bao

Sea Bird A There are a couple of economical rooms at Tel 07 925 4428 this friendly restaurant on the pier. Tel 07 091 2146

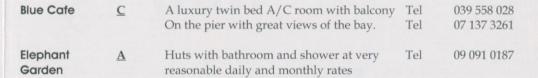


For Rent or Sale

07 028 0796

Bar & 30 Seat Restaurant & Bungalow with two bedrooms & bathrooms on 1.5 rai plot of land serious enquiries only

Call - 09 098 3956



Koh Chang - Klong Son

Harmony	A-B	Fan and A/C rooms available in this huge	Tel	039 555 091
Butterfly Garden		attractively landscaped garden.	Tel -	06 1133 683
			Tel	07 915 3262

Koh Chang - East Coast

Tree House	A	This backpackers resort offers the same laid-back feel
		from its new home on beautiful long beach

Koh Maak

Koh Mak <u>B-D</u>	Attractive resort. Fan huts with bathroom	Tel. 02 711 2058 & 3621/2
Cococape Resort	large rooms over the sea and A/C Doubles	Tel. 01 915 0323
	Fax: 02 711 2059 Reso.	rt Tel. 01 810 2679

Bangkok: 172/39 Soi Panitshakul, Sukhumvit 71, Phrakanong-Nua, Wattana

Koh Kood

Bai Kood	B-D	Fan and A/C rooms at this garden set resort	Tel	01 835 4517
Shambala		at Klong Chao Beach in Koh Kood.	Tel	02 587 0916



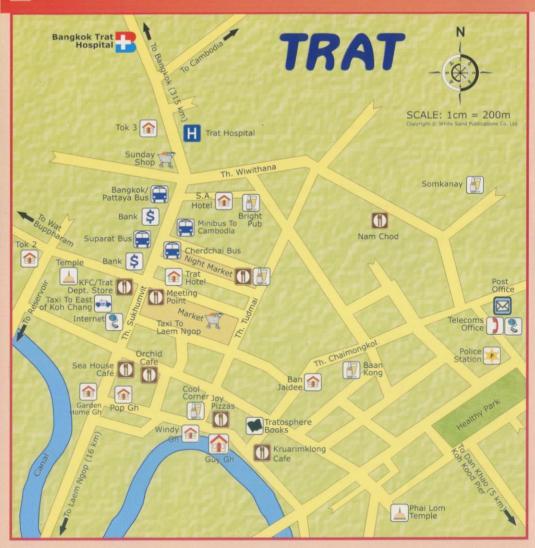
Phone : (66)1-940-2195 (Thailand) E-mail : starbeachbungalows@hotmail.com

FUNKY HUT

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Trat & The Mainland



Trat

The small town of Trat is the administrative and trading centre of Trat province. It is located 20km away from Laem Ngop, the departure point for passenger ferries to the islands. Trat has a population of 20,000 but bustles with activity due to the numerous local markets (see map above).

There is an open-air market on the main street - Thanon Sukhumvit - that offers interesting Thai food and drinks late into the night. There is also a large covered day market selling all manner of foods and household goods.

Good things to shop for include the huge range

of fruits that are available year round, many of which you may not have seen before. Trat province is famous for the Rakham which is a delicious sweet fruit that looks a bit like a strawberry. Or there is the Durian with its spiky shell, pungent smell and unique love-it-or-hate-it flavour. Try whatever looks interesting.

You can also buy good fresh seafood and vegetables in the market.

Local handicrafts include elaborately woven wicker products, especially hats. These can be found in Ban Nam Chieo, a village between Trat and Laem Ngop.

Trat & The Mainland

Trat Department Store on the main street, is also a good place for shopping.

Wat Buppharam is a 17th Century temple with some interesting architecture. It lies 2km out of town (see map). There are several other Temples scattered around the town centre.

Trat has good medical, communication, financial and other facilities. Locations are shown on the map on the previous page.

There are a multitude of local Thai restaurants around the town. Additionally Joy's Pizza, Kruarimkol and Sea House all do good food.

There is a guesthouse area just south of the town centre with many backpacker style guesthouses and accompanying restaurants, internet cafes etc. There is little to choose between the different guesthouses that all offer clean and inexpensive rooms together with good information and a friendly welcome.

The town has some interesting evening entertainment. A good spot is Somkanay, a bar with live Thai music every night. The night market is a good place to sit with a meal or drink and watch the action.

You can find many other small restaurants and bars scattered around the town centre.

About 10 minutes from the centre is an attractive reservoir that is a pleasant spot for an afternoon stroll. There are several restaurants on the shoreside. Ra Bieng Mai restaurant comes highly recommended.

Laem Ngop

Laem Ngop is a fishing village on the coast and is the departure point for passenger ferries to Koh Chang and the other islands.

Places worthy of note are the Immigration office and the Tourist Authority of Thailand office.

By the ferry pier there is a large monument commemorating two Thai boats that were sunk in a naval battle of 1942 off Koh Chang in which Thai forces repelled the French Navy.

Bo Rai

This town is in the foothills of the mountains that comprise the Cambodian border. It was originally a centre of Ruby mining and you can still visit the nearby ruby market.



There is excellent trekking in the mountains and an attractive waterfall nearby.

Mainland Beaches

There is a long coastal section of Trat province heading southeast towards the Cambodian border.

Whilst this area is not much visited by foreign tourists there are a string of beaches with a few accommodation options that are reputedly very attractive.

Heading away from Trat on highway 318 these beaches include Sai Ngern Beach, Sai Kieow Beach, Tap Tim Beach, Mai Root Beach and Ban Chuen Beach.

Klong Yai

This small fishing town is the last town on the road to the Cambodian border at Hat Lek. It is the closest mainland town to Koh Kood and whilst there is, as yet, no regular ferry service you may be able to ask around and find a boat on its way to the island.

Other Islands



Koh Maak

This is an attractive, low-lying island 16 square kilometres in size. Since there are few hills the island is widely cultivated with coconut and rubber plantations.

The population is only around 500 so there is little infrastructure outside the resorts. Electricity in most places is only available between the hours of 3pm and midnight.

See the transport section for details of the various ferries to the island that operate from the mainland. Alternatively some of the Koh Chang boat trip services can drop you off on the island. Enquire for details.

Representatives from the resorts meet the ferry and offer free pick up and drop off to visitors. There are pretty beaches in the bays to the Northwest and Southwest of the island and this is where most of the resorts are located.

The only diving currently available on the island is offered by Ploy Scuba Diving.

Silver Windsurfer offer windsurfing lessons and rental as well as rental of canoes. Additionally the French owners run a bakery, brew fresh coffee and also rent archery equipment.

Three smaller islands off Koh Maak have resorts and can be reached fairly easily from Koh Maak itself. They are Koh Kham, Koh Rayang Nok and Koh Kra Dad. A daily boat goes to Koh Rayang Nok from Holiday Beach resort at 10am and returns at 4pm. Free transit



Other Islands

to Koh Maak is provided by the resort. To arrange transport to the other islands contact the resorts or enquire on Koh Maak.

Koh Wai

Koh Wai is a small crescent shaped island with two small, pleasant beaches. There are two resorts on the island with simple hut accommodation. There is some good snorkelling on the shallow reefs off the beach. The lack of development makes the island an ideal place for a peaceful beach trip and it's a good place to kick back after some strenuous travelling.

Other Islands

Several of the other islands in the Koh Chang group have resorts that cater largely to package tourism. Koh Lao Ya is actually two separate islands linked by a bridge and has an attractive resort. Consult travel agents for information on the other islands.

Koh Kood

Koh Kood is the second largest and southernmost island in the Koh Chang archipelago. Its topography is similar to that of Koh Chang. It is also mountainous and largely covered in rain forest. The highest hill on Koh Kood, at 315 metres, is Khao Phaentee in the southeast of the island.

Another significant scenic feature is Klong Chao waterfall. The waterfall itself is not particularly high but falls into a huge plunge pool in a very beautiful jungle setting, a good place for a cooling swim. Various tours in Koh Maak offer trips to the waterfall or try Island Hopper in Koh Chang. Alternatively enquire on Koh Chang to book a boat tour privately.

Infrastructure is improving on the island and there is now a decent road between most points of interest on the island. There is also a small hospital.

The largest settlement is the fishing village of



Other Islands

Ao Salat in the North East. This is worth a visit just to see the wide range of seafood brought in and sold on the rickety wooden pier. Despite the fact the it is Thailand's fourth biggest island the population is estimated to be only 1,500.

Traditionally the resorts on the island have been luxury developments catering mainly to Thai package tourism. Transport to these resorts is arranged as part of the package deal.

There are now, however, some new low and medium end options which cater more to foreign visitors. Rooms at these places start at 300B.

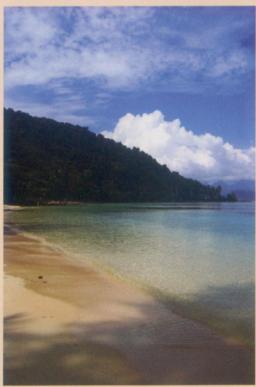
The easiest way to reach the island independently is with Koh Kood Seatrans leaving from Laem Ngop and Koh Chang or by taking the local ferry from Dan Khao close to Trat (see transport section).

If you want a beautiful sandy beach virtually to yourself and don't expect anything by way of nightlife other than listening to the waves lap then this is the place for you. If you expect a party you will be disappointed but if peace and quiet is your thing then Koh Kood is a good choice of destination. The water around Koh Kood is famed for its blueness and clarity and you can find some pretty good corals off the beaches if you like to snorkel.











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■ Thai Food

Thailand has one of the great world cuisines. While you're here you should sample some of the delicious food available. Even though the Thais have only had chillies for four hundred years or so they are one of the key ingredients in Thai food. But if you don't like spicy food don't worry, the Thai chefs on Koh Chang are used to making dishes milder on request and there are also plenty of Thai dishes which aren't too spicy.

Whilst the food is great you may not be familiar with some of the names of the dishes and translations can sometimes be a little confusing. One local restaurant used to have "Fish in That Sauce" on their menu. So to help you to explore Thai food while you are here in Koh Chang the following is a very brief introduction to some Thai dishes you may want to sample. With most meals you can usually choose which meat or seafood you want. Chicken is Gai, Pork is Moo, Beef is Neu-a, Prawn is Goong, Fish is Pla, Squid is Pla Meuk and Vegetable is Pak. Enjoy!

Simple Dishes

That staple dishes are simple and nourishing and usually revolve around rice or noodles.

Pat Thai - classic Thai fried noodles

Khao Pat - Tasty and filling Egg Fried Rice.

Khao Tom - a peppery and wholesome rice soup.
Khao Man Gai - Garlic rice boiled in chicken stock with boiled chicken & chilli bean sauce

Thai Curries - Gang spicy, healthy & delicious
Gang Kieow Wan - creamy green curry with lime
leaf, lemon grass and chilli flavours

Gang Kati - creamy red curry soup

Gang Penang - aromatic rich, creamy, spicy curry Gang Massaman - rich Indian style curry

Gang Som - sour spicy tamarind curry
Gang Karee - milder yellow creamy curry

Fried Dishes

Pat Gapow - spicy! stir fry with hot basil leaves Gai Pat Med Ma Muang - chicken and cashew nut in a delicious rich roasted sauce

Pat Nam Man Hoy - Mild oyster sauce dish Pat Poong Karee - delicious yellow curry dish. usually made with crab and eggs.

Soups

Tom Yam - Nam Kon - spicy hot and sour soup with lemon grass, galangal, mushroom. condensed milk and, usually, prawn

Tom Yam - Nam See - without condensed milk and usually with more fresh chillies

Tom Kaa - mild, creamy with salad cream taste
Tom Jert - mild soup with pork, tofu and cabbage

Thai Salads - Yam

These salads are sour and can be incredibly spicy. Watch out for small fiery hidden chillies!

Som Tam - Delicious green papaya and lime salad. sometimes comes with raw crab - only for strong stomachs

Yam Goong - prawn and glass noodles salad

Snack Foods

Moo Dat Dieo - savoury pork strips dipped in sesame seeds and fried

Tort Man Pla - Thailand's famous fishcakes Kanom Bang Nar Moo - special pork toast





Thai Food

Pat Thai - Fried Noodles

This is a very popular classic Thai dish. It takes no time to make and since little oil is used and the vegetables are only lightly fried it is healthy and nutritious. It tastes pretty good as well.

Ingredients

Chicken Strips 50ams 2 cloves Crushed Garlic **Grated Carrot** 25gms Chopped Cabbage 50gms Spring Onions Chopped 5gms

Flat Noodles - pre-soaked for 5 minutes

50gms

Ovster Sauce 1 tablespoon Soy Sauce Few Dashes White Pepper to Taste Pinch Sugar

Unsalted peanuts - crushed Tablespoon

Lime Half Spring Onion Chilli powder or flakes

Preparation

First soak the noodles in cold water for about five minutes and drain well.

Fry the chicken in a wok for 2 minutes until coloured. Add the garlic and stir in.

Then add the Carrot and Cabbage and stir fry on a medium heat for about a minute. Now add the noodles and a dribble of water and mix everything together.

Then add the Oyster Sauce, Soy Sauce, Sugar and Pepper together with the onions and fry for another minute.

Serve on a plate with half a lime, a raw spring onion and the peanuts as garnishes at the side. Shake chilli powder or flakes over the dish if you want to spice it up a bit.



Koh chang Thai cooking school

Blue lagoon Klong prao beach koh chang

Phone: 019400649 www.kohchangcookery

Koh Chang - White Sands Beach

Oodie's Place Thai/ Blues/Thai/Folk/Rock live music bar. Popular island hangout.

French Food includes Mongolian barbecue and Steak Lao. New French Menu

15 Palms European Comfortable beach restaurant/bar. Good food including full English breakfasts

/Thai Big selection of wines and spirits. Pool table. Live sports.

Koh Chang Thai/ Balcony restaurant at this new hotel offering Thai and Western cuisine

Hillside Hotel Western

Sirin European German dishes and spaghetti. Freshly prepared Pizzas. Schnitzel every

day. Bar open from 17.00 to 1.00 beer, cocktails, spirits, UBC TV

Invito Italian New restaurant offering authentic Italian food in an attractive traditional

Thai teak wood house. Call 039 551 326 for pizza deliveries.

Spices of India Indian At last Koh Chang has an Indian Restaurant. The chef, brought over from

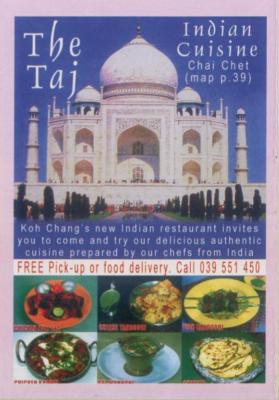
India offers classic North and South Indian cuisine. Free Pick-up service.

Star Beach Thai/ Small restaurant on the sand offering simple and economical food

Western







Beachside restaurant/bar with fantastic views out over the beach and bay.

Thor's Palace Thai/ Comfortable beachside restaurant/bar run by the colourful Thor. Excellent Thai Western curries Good music Tantawan Thai/ Beachside bar and restaurant with regular live music European Helis Kitchen Thai/ New restaurant with large range of sandwiches. Speciality breakfasts, Also European has pasta, Thai food, lunch and evening meals. Hati's German/ Restaurant on Sabay Plaza with a range of German and European food Restaurant Thai as well as Thai favourites, www.hati-s.com Ban Nuna Bar German Garden restaurant offering Pizzas, schnitzel, BBO, kebabs, meatballs, German & Restaurant /Thai potato salad, Thai Food etc. Open from 10.00 to 24.00 daily. **Suav Sweets** Ice Cream This ice cream shop offers a good antidote to the heat of the beach. & Treats They offer a range of ice creams and other snacks. Suav Bar Bar/ Bar with pool table and live sports on a large screen. You can order or cook BBQ your own steaks. Large engine motorbike and DVD players for hire.

Western . A good spot for watching the sunset.

Rock Sand

Thai/



Milky Way Karaoke The only karaoke with private VIP rooms and giant screens

Plaloma Western Attractive sea views in this restaurant on the first floor of Plaloma Resort

Laap Steak Corner Thai/ Pork, chicken, beef & fish steaks as well as a range of classic western dishes

Western adapted by the experienced chef to utilise classic Thai flavours.

Tiger's Den Bar Friendly and popular-beach bar. Cocktails and a happy hour.

Unique T-Shirts available

Koh Chang - Hat Kai Mook (Pearl Beach)

Paradise Palms - Sunset beach bar in a lovely setting at the Paradise Palms Resort

Saffron on Thai/ Scenic restaurant & bar by the sea. Offers breakfasts, lunches & dinners
The Sea Western in a shady and secluded garden setting

Large new Thai style nightclub. Open until late nightly. Has live bands and dancers and two pool tables.

Northern Thai/ New sports bar and restaurant with Thai and Western foods. UBC TV showing

Lights Western movies & live sport. Pool table & two quality dartboards. A good malt whisky

selection



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Koh Chang Plaza See Map on Page 39

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10/32 Entrance Kai Bae Hut Resort/ Kai Bae/ Koh chang Tel: **01 905 6737, 07 056 3450** E-mail:info@fairtradecafe.net



Home style Thai cooking, a large choice of Western food, including home made sausages. See Map on page 36 choice of movies, live sport, motorbike rental

Tel: 06 125 9010, 09 933 325

Sky Bay

Thai/ Sanae's Restaurant and bar offering Thai & Western food including home made Western sausages. Choice of movies, live sports. Motorbike rentals.

Pennys Thai/ Restaurant with sea views at this new resort Western

Hungry Elephant Thai/ New place opposite Sky Bay offering a Thai and western menu with good steaks and French food. Western

Koh Chang - Klong Prao

Chai Chet Thai/ Dining over the water in this resort with Thai and Western menu. Seafood is a Resort Western speciality and views over the beach are excellent

Thai/ Thai and western favourites in this lagoon-side bar & restaurant Blue Lagoon Western

Elephant & Friendly cafe bar in the back left corner of Koh Chang Plaza. English Breakfasts, Western Castle Roast Dinners, Pies, Curries, Casseroles,

Thai/ Beachside bar and restaurant at this hotel. Full a la carte Thai and Western Tropicana Western menu

The Tai Indian New Indian restaurant offering a range of authentic Indian dishes prepared by experienced Indian chefs



Thai/

Western

Koh Chang Plaza Various There are several bars and restaurants in this new shopping centre development offering a variety of food and drinks

Pool bar offering Thai and Western food in Klong Prao village

Just Thai Quality Thai cuisine served in the pleasant surroundings of this well-furnished Thai restaurant at the new Amari Emerald Cove hotel.

Sassi Italian This brand new Italian restaurant is on the second floor of Amari Emerald Cove.

It serves the best in classic Italian cuisine.

 Iyara
 Thai/
 Seafood restaurant in a picturesque setting on the lagoon with

 Seafood
 Western
 good views of the beach and the mountain

Koh Chang - Kai Bae

Moos Place

Kai Bae Fredo French The French Restaurant offering quality Mediterranean cuisine using imported ingredients. Réservation conseillée 09 247 1515. Merci

Lanna Cafe Coffee Relaxed and friendly coffee shop offering Koh Chang's only outlet for ethical and delicious Fair Trade coffees







Kai Bae Marina Thai/ This restaurant has recently moved to central Kai Bae. Noted for its large popular steaks. It also offers Italian pizza and Thai specialities. Deutsche Küche. Western

PaPa Deli Western/ Comfortable air-con deli with great fresh bread, pastries & cakes. Imported cheese and salami, Italian coffee and a good wine selection. Bakery

Om Restaurant Indian/ Bar and restaurant offering tasty well priced Indian food in addition to a Thai Thai menu. The Thalis are recommended.

Ploy ScuBarBQ Thai/ New bar and restaurant with live music band, Karaoke, cocktails and B.B.O. Western

Has special laid back Japanese style tables.

Lek Bar & Diner Western/ Large, popular place with pool table, live sports, bar and comfortable seating. Thai The Diner serves fresh seafood and a wide range of Western and Thai dishes.

Angels Bar Bar with pool table in a garden setting by the river in central Kai Bae Food Pizza, Indian food and bar snacks are available

Coral Resort Thai/ Newly completed beachside bar and restaurant offering pizzas, pasta & Thai food

Western as well as steaks and other Western dishes. Large Cocktail selection.

Friendly bar and guesthouse next to 7-eleven with a pool table. Casamarina Bar







Kharma Mexican Small restaurant with a Thai and Mexican menu

Rasta Baby Caribbean Caribbean food. Original cocktails & special home punches. Jamaican players live.

French Roots music every night. Party night every Wednesday.

Beer Heaven Bar Friendly place with bar and rooms available. Has a large petanque playing area

and a dartboard and pool table. Imported European quality beers.

Koh Chang - Hat Ta Nam (Lonely Beach)

Back Sound N/A Attractive stilt bar built on a hill not far from the beach. Laid back atmosphere

with good music. Full moon, black moon, half moon and freedom parties.

Joy Cafe Euro/ a great place to relax and enjoy a healthy meal. Nestled on the river side

Thai and surrounded by jungle.

International Western/ Offers draught beer, German weissbier, nightly BBQ, Italian pizza.

Beer Garden BBQ Tropical garden parties.

Bhumiyama Thai/ Bar and Restaurant in this attractive beachside resort.

Western









Lek Bar

One of the busiest and friendliest bars in Kai Bae offers you a warm welcome! We offer a range of beers and spirits or you can try our tasty cocktails. We show live sports & have a pool table.





Lek Diner

Come and try dishes from our large Western & Thai menu. We specialise in live seafood served in our attractive garden-fronted restaurant & offer a great wine selection.

Lek Lodgings

We offer very large and well-appointed air-conditioned rooms. they each have UBC TV and DVD players and large Western style bathrooms.



Opposite 7-11 Kai Bae (map P.38). Tel: 07 065 4231, 09 208 9185









Lemon Bar Thai/ Bar and Restaurant with regular DJ's and a chilled out atmosphere. They

Western offer an interesting range of Thai and Western food as well.

Koh Chana - Bailan Beach

Bailan Hut/ Thai/Euro Chilled out bar and restaurant on stilts over the sea. Extensive menu with

Miss Naughty's tasty Thai and European food

The White Thai/ Thai and seafood restaurant at this brand new resort next to the sea. Some

House Western western dishes also available

Koh Chang - Bang Bao

The Bay Thai Fresh seafood served over the pier in the restaurant and a great atmosphere

and choice of music in the relaxed bar over the water

Sea Bird Thai/ This popular newly decorated Bang Bao seafood restaurant has live seafood

Western cooked to order with great romantic views from the pier-side setting

The Blue Western/ New place at the end of the pier. Offers sandwiches & snacks, full breakfasts,

Cafe Thai burgers, pies and a range of Thai dishes

Elephant Garden Fusion This relaxed resort offers a range of original dishes served by a trained chef.

They use fruits and vegetables grown in their own garden.

Koh Chana - Klona Son

Harmony Thail New restaurant offering cheap Thai food and seafood as well as a selection

Butterfly Garden Western of western dishes such as jacket potatoes with a range of fillings

Jungle Way N/A Relaxed place by a stream in the midst of nature

Koh Chang - East Coast

Urai's Place Thai Restaurant and guesthouse in Salak Phet village offering Thai and German food

German





SEAFOOD STATION 2005





12/3 M.1 BANGBAO FISHERMAN VILLAGE, KOH CHANG, TRAT THAILAND TEL. 01 773-4680, 01 854-8250, 039 558-079

Salak Phet Seafood Thai

Delicious fresh seafood over the water at this restaurant which is well known

Seafood throughout Thailand

Koh Chang Marina Thai/Euro Restaurant cooking Thai and European food

Trat

Cool Corner

Thai/Euro Bar/Restaurant with chilled out atmosphere

Somkanay

N/A

Thai style live music bar a little way from the main drag. Worth finding.

Night Market

Thai

The night market offers a host of stalls offering a wide range of cheap Thai food

and beers until very late. Right in the centre of town.

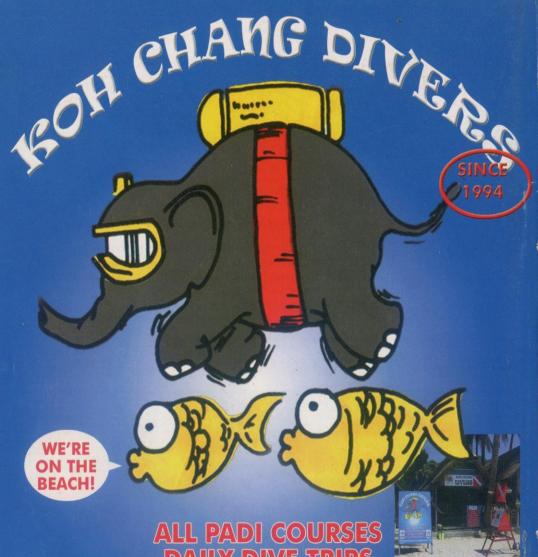
Nam Chod Thai

Restaurant popular with Trat residents a short walk from the town centre











DAILY DIVE TRIPS

DISCOUNTS AVAILABLE

BAMBOO RESORT

WHITE SANDS BEACH

SEE MAPS ON PAGES 37/39

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